

ACCESSING SAFETY KNOWLEDGE (ASK) SHEET:
 Telemedicine, Urgent Care, Emergency Room, When to go Where!

**When to use
 Telemedicine**

Telemedicine is a great way to get treated for minor illnesses with faster access to care and shorter wait times. You can skype with a doctor from home or work, and if they determine you need a medication, they will call it into your pharmacy to pick up.

- Ear Pain
- Cough
- Runny Nose
- Sore Throat
- Fever
- Vomiting
- Diarrhea
- Pink Eye
- Rash
- Allergies
- Flu
- Headache
- Nausea
- UTI
- Vaginitis



**When to go to
 Urgent Care**

Urgent cares are set up to assist patients with injuries or illnesses that do not appear to be serious or life-threatening.

- Allergic Reactions
- Fractures or broken bones that are not crooked and do not cause severe pain
- Worsening fever
- Sprains or minor pains
- Minor burns
- Minor cuts
- Minor Asthma
- Animal or Insect Bites
- Severe Flu Symptoms
- Dehydration



When to go to the ER

Emergency Rooms are for people with life threatening needs.

- Severe Chest Pain
- Severe Abdominal Pain
- Babies needing immediate care
- Stroke Symptoms (numbness, paralysis, slurred speech)
- Difficulty Breathing
- Heart Attack Symptoms
- High Fever
- Suspected Drug Overdose or Poisoning
- Serious Burns
- Head Injury
- Seizures
- Bleeding with Pregnancy
- Severe bone breaks
- Severe cuts

